

ATHLETICS TRIALS PROGRAMME

House points will be awarded for attendance. P.E. kit is to be worn.

Pupils must assemble at the bell at 13:55 each day.

Athletes doing X-C trials (19/7) will be accommodated in P.E. / break times by arrangement with Mr Strydom

	MONDAY 19/07/10	TUESDAY 20/07/10	WEDNESDAY 21/07/10	THURSDAY 22/07/10
LONG JUMP	U/11	U/9 Mrs Brown	U/13	U/13
DISCUS	U/12	U/13		U/12
JAVELIN		U/12	U/11	U/11
HIGH JUMP	U/10	U/11	U/12 U/9 Mrs Brown	U/10
SHOT PUTT	U/13	U/10	U/10	

	MONDAY 26/07/10	TUESDAY 27/07/10	WEDNESDAY 28/07/10	THURSDAY 29/07/10
SHOT PUTT	U/12	U/11	U/10	U/10
DISCUS	U/11		U/13	U/11
JAVELIN		U/13		U/12
HIGH JUMP	U/13 U/9 Mrs Brown	U/12	U/11	U/13
LONG JUMP	U/10	U/10	U/12	U/9

MONDAY AND WEDNESDAY

14:00 – 15:00	BOYS (A)	GIRLS (B)
LONG JUMP	Mrs Kruger	Mrs Godfrey
DISCUS	Miss Hammond	Ms Blignault
JAVELIN	Miss Drew / Mrs Moodley	Miss Goodrick
HIGH JUMP	Mr Strydom	Miss Shuttleworth
SHOTPUT	Mrs Reddy / Mrs Underwood	Mrs Goveia

TUESDAY AND THURSDAY

14:00 – 15:00	BOYS (A)	GIRLS (B)
LONG JUMP	Mrs Brauteseth	Mr Zuma
DISCUS	Miss Harrison	Mrs Dales
JAVELIN	Mr Ntshingila / Mrs Krouwel	Mr Kemraj
HIGH JUMP	Mrs Veale	Mrs Gevers
SHOTPUT	Mr Jury	Mrs Scott

Names to be recorded daily. Sheets to be handed to HOUSE TEACHERS